

## **Whats After Discussion Guide**

### **Session 1 Questions:**

What has been your view of what happens when we die?

Why do you think people often avoid thinking or talking about what's after life?

Does any of the scientific evidence surprise you? Do you find it credible? If it's true, what difference would that make for you?

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### **Session 2 Questions:**

When you think of relationships on earth, or those you want to have, what matters most to you?

Why do you think we struggle to love one another on earth was in Heaven?

If this is true, that love and relationships last forever, how might that change what we prioritize in our lives today?

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### **Session 3 Questions:**

What do you love most about the beauty of earth? What are the most beautiful places on earth to you?

When you think about the beauty and possibility of a world to come — what do you most hope for or wonder about?

If time and travel are not an obstacle in Heaven, what would you love to do or see and with whom?

If all we love about earth pales in comparison to heaven, how might that change how you live now?

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**Session 4 Questions:**

“One of the biggest mistakes people make when they think about God is to imagine God as impersonal. Yes, God is behind the numbers, the perfection of the universe... [But God is] even more human than you and I are. [He] understands and sympathizes with our human situation more profoundly and personally than we can even imagine.” Dr. Eben Alexander (Neurosurgeon & Near-Death Experiencer)

We all grow up with ideas about God, whether raised in a religious home or not. What have been your thoughts of God to this point?

NDErs consistently say, that God knows and loves you more than anyone on earth, and in God’s presence you’ll never want to leave. If true, how does that affect your perception of God?

What are you most looking forward to, or most fearful of, when you think about seeing God?

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How does the thought of God revealing himself through Jesus come across to you? Why?

If there’s evidence that God is real and wants to be known, and has revealed himself in a relatable way through Jesus — does that make you want to learn and discover more about him? Why or why not?

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**Session 5 Questions:**

After hearing about the Life Review how does that impact you today?

When you imagine feeling and experiencing the way you’ve treated others, both the good and bad, how does that motivate you?

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When you think about all the glory, honor, fame, fortune, exotic vacations, exploration, ecstatic joy of earth — and realize all these rewards are but a shadow of what’s to come — what do you look forward to most about Heaven?

What questions or struggles do you wrestle with hearing all this?

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**Session 6 Questions:**

When have you experienced suffering or injustices in your life?

Why do you think humans complain about suffering if it's natural and normal to human existence?

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If NDErs have heavenly and hellish experiences, how does that affect your beliefs about how people end up at one or the other?

What do you think about the idea that our choice to say “yes” or “no” to God in this life determines whether we will be with or without God in the afterlife?

Have you ever cried out to God for forgiveness and guidance? If so, what was the circumstance?